www.nature.com/mp

### ORIGINAL RESEARCH ARTICLE

# $\beta$ -sheet breaker peptide prevents A $\beta$ -induced spatial memory impairments with partial reduction of amyloid deposits

MA Chacón<sup>1</sup>, MI Barría<sup>1</sup>, C Soto<sup>2</sup> and NC Inestrosa<sup>1</sup>

<sup>1</sup>Centro FONDAP de Regulación Celular y Patología 'Joaquín V Luco', MIFAB, Facultad de Ciencias Biológicas, Pontificia Universidad Católica de Chile, Santiago, Chile; <sup>2</sup>Department of Neurology, University of Texas Medical Branch, Galveston, TX, USA

Current evidence supports the notion that  $\beta$ -amyloid deposits or  $A\beta$  intermediates may be responsible for the pathogenesis in Alzheimer's disease (AD) patients. In the present work, we have assessed the neuroprotective effect of the chronic intraperitoneal administration of a five-amino-acid  $\beta$ -sheet breaker peptide (iA $\beta$ 5p) on the rat behavioral deficit induced by the intrahippocampal A $\beta$ -fibrils injection. At 1 month after the injection, animals showed a partial reduction of the amyloid deposits formed and a decreased astrocytic response around the injection site. More importantly, we report that following the iA $\beta$ 5p treatment, hippocampal-dependent spatial learning paradigms, including the standard Morris water maze and a working memory analysis, showed a significant prevention from impairments induced by A $\beta$  deposits in the dorsal hippocampus. Thus, it is possible that a noninvasive treatment such as the one presented here with  $\beta$ -sheet breaker peptides may be used as a potential therapy for AD patients.

*Molecular Psychiatry* (2004) **9**, 953–961. doi:10.1038/sj.mp.4001516 Published online 20 April 2004

**Keywords:**  $\beta$ -sheet breaker peptide; amyloid deposits; Alzheimer's disease; water maze; spatial memory

Alzheimer's disease (AD) is a progressive neurodegenerative disorder characterized by the deposition of  $A\beta$  amyloid in many brain regions, particularly the cerebral cortex and the hippocampus, which correlates with a progressive cognitive decline in AD patients. Growing evidence supports the notion that amyloid deposits or  $\beta$ -sheet-rich A $\beta$  intermediates, including  $A\beta$  oligomers, may be responsible for the brain alterations observed in AD.<sup>1,2</sup> As  $A\beta$  fibrils are toxic to neurons,<sup>3</sup> the main targets for therapeutic intervention of the  $A\beta$  cascade include the inhibition of  $A\beta$  production, the inhibition of  $A\beta$  aggregation and fibril formation, in addition to the inhibition of the consequent inflammatory responses caused by the A $\beta$  deposition. Several strategies, such as A $\beta$  immunization, have been developed to prevent either amyloid fibril formation or amyloid plaques deposition. This strategy reduces the levels of  $A\beta$ , prevents and clears amyloid plaques and improves cognitive behavior in mouse models.<sup>4-8</sup> However, the clinic study was halted because the human vaccination induced a severe brain inflammatory response,<sup>9,10</sup>

which can be related to cerebral hemorrhages observed after passive anti-A $\beta$  immunotherapy in APP23 transgenic mice.<sup>11</sup> In addition, several molecules have been used either to inhibit polymerization of A $\beta$  peptides or to disaggregate A $\beta$  fibrils, including laminin<sup>12,13</sup> melatonin,<sup>14</sup> nordihydroguaiaretic acid,<sup>15</sup> polyphenols,<sup>16</sup> site-directed monoclonal antibodies,<sup>17</sup>  $\alpha_1$ -antichymotrypsin,<sup>18</sup> fullerene,<sup>19</sup> *Ginkgo biloba* extract,<sup>20</sup> type IV collagen,<sup>21</sup> short A $\beta$  congeners<sup>22</sup> and  $\beta$ -sheet breaker peptides.<sup>23–25</sup>  $\beta$ -sheet breaker peptides have both a similar sequence to the middle region of  $A\beta$  peptide and degree of hydrophobicity, but have a very low propensity to adopt a  $\beta$ -sheet conformation, which is responsible for the aggregation properties and the consequent neurotoxicity. Thus, these peptides have the ability to interact specifically with  $A\beta$  and block its  $\beta$ -sheet conformation<sup>26</sup> (see Figure 1), to disassemble preformed fibrils in vitro, to prevent neuronal death induced by fibrils in cell culture, to reduce amyloid  $\beta$ -protein deposition in vivo and to block the formation of amyloid fibrils in a rat brain model of amyloidosis.<sup>24</sup> These observations support the notion that these peptides may be useful in inhibiting any form of  $A\beta$  neuro-toxicity and deposition *in vivo*.<sup>27</sup> The 5-residue  $\beta$ -sheet breaker peptide, iA $\beta$ 5p, has been modified (acetyl-LPFFD-amide) to protect it against proteolytic degradation and to increase its blood-brain barrier

Correspondence: NC Inestrosa, FONDAP Biomedical Center Catholic University of Chile, Alameda 340, Santiago, Chile. E-mail: ninestr@genes.bio.puc.cl

Received 21 July 2003; revised 28 January 2004; accepted 10 March 2004

954



**Figure 1**  $\beta$ -sheet breaker peptide is able to disaggregate preformed amyloid fibrils. (a) The generation of amyloid deposits occurs probably through the interaction among several amyloid fibrils. (b) In contrast, short peptides with sequence homology to A $\beta$  (such as  $\beta$ -sheet breaker peptides) are able to affect this process, inducing the disaggregation of the fibrils and decreasing the formation of amyloid deposits.

permeability,<sup>28</sup> thus being able to reduce amyloid load and cerebral damage in a transgenic mice model of AD.<sup>29</sup> These modifications allow us to administer the iA $\beta$ 5p peptide intraperitoneally (i.p.). However, the effects of  $\beta$ -sheet breaker peptides on cognitive performance and behavioral impairment induced by A $\beta$  have not been studied, even though these peptides may become effective cognitive protectors for AD patients.

To investigate whether  $\beta$ -sheet breaker peptides would be able to both reduce the A $\beta$ -amyloid deposition and improve spatial learning acquisition, we used a rat model consisting of an intrahippocampal stereotaxic bilateral injection of preformed  $A\beta$ fibrils. The injections were administered into the hippocampus to induce the formation of  $A\beta$ -amyloid deposits. Injected animals were treated intraperitoneally with the  $iA\beta 5p$  peptide and were subsequently analyzed in their spatial learning acquisition, using the standard Morris water maze protocol<sup>30,31</sup> and the working memory test.<sup>32</sup> After the behavioral analysis, histological analysis of the hippocampal region was performed, evaluating the amyloid deposition and detecting reactive astrocytes around the injection site. Our results show that i.p. treatment with the  $iA\beta 5p$ peptide partially decreases the amyloid deposition induced by  $A\beta$  and decreased the astroglial response. Both events can be related to a significant improvement of the spatial learning acquisition. The results suggest that  $\beta$ -sheet breaker peptides could be used as a potential therapy for AD patients.

#### Materials and methods

#### Materials

A $\beta$  peptide corresponding to residues 1–42 of the human wild-type sequence (A $\beta_{1-42}$ ) was obtained from Bachem (Torrance, CA, USA). Anti-glial fibril-

lary acidic protein (GFAP) polyclonal antibody was obtained from DAKO (DAKO, Carpinteria, CA, USA), and anti-A $\beta$  peptide polyclonal antibody was obtained from Sigma (Sigma Chemical Co., St Louis, MO, USA).  $\beta$ -sheet breaker peptide (iA $\beta$ 5p) was synthesized by Neosystem (Strasbourg, France).

#### Injection and treatment protocol

Male Sprague–Dawley rats (280–320 g; 3 months old; 9 animals by treatment group) were anesthetized with Equitesin (2.5 ml/kg i.p.) and injected stereotaxically into the dorsal hippocampus  $(-3.5 \text{ mm AP} \pm 2.0 \text{ mm})$ ML and -2.7 mm DV, according to Bregma using a Rat Brain Atlas)<sup>33</sup> with a 10  $\mu$ l Hamilton syringe with 27 G stainless steel. The animals were injected bilaterally (at rate  $0.5 \,\mu$ l/min) with  $3 \,\mu$ l (each hippocampus) of 40  $\mu$ g A $\beta_{1-42}$  fibrils formed as described previously<sup>31</sup> or with artificial cerebrospinal fluid (aCSF: 130 mM NaCl, 2.6 mM KCl, 4.3 mM MgCl<sub>2</sub> and 1.8 mM CaCl<sub>2</sub>) as control. Briefly, fibrils were formed in PBS pH 7.4 and DMSO. After stirring for the  $A\beta$ -peptide polymerization,  $A\beta$  fibrils were precipitated by centrifugation and the pellet was resuspended in aCSF for the intracerebral (i.c.) injection. At one day after the injection procedure, animals were treated i.p. with either  $iA\beta 5p$  (4.5 mg/rat/injection) or saline during 1 month (3 injections per week).

#### Behavioral tests

After treatment, all animals were trained in a circular pool (1.6 m diameter and 75 cm deep, painted black) and the water (50 cm deep; not made opaque) was maintained at 19-21°C. Data were gathered with a video-tracking system for water maze (HVS Imagem, Hampton, UK). First, a standard water maze protocol (platform was not moved) was carried out for 2 weeks and the performance of the different groups was recorded for analysis. Briefly, rats were trained with two trials per day, for 5 consecutive days, followed by 2 days off, and then trained for 5 additional days. Rats that failed to locate the platform within the time limit were ascribed an escape latency of 90s and were placed on the platform by hand for 5s and then returned to its cage. Upon completion of all two trials, the rats were removed from the maze, dried and returned to their cage. For the spatial acuity parameter, the pool was subdivided by imaginary lines into four equal quadrants. These lines, in turn, intersected the edge of the pool at the arbitrary cardinal start locations named north, south, east and west. Furthermore, the pool was divided into three equidistant concentric annuli or zones. Platform was located at quadrant 4 and zone B. The percentage of permanence in specific regions of the pool was obtained from the software (HVS Imagem, Hampton, UK). Then, the product of the percentage of permanence in quadrant 4 by the percentage of permanence in zone B was calculated. Following the standard training, animals were trained with the working memory test (repeated acquisition). This test was conducted for 4 consecutive days and consisted of five trials (one session) per day. The working memory test was procedurally similar to standard water maze training, except that the platform location was changed for each session. The rat was allowed to swim to the platform in each location and to remain there for 10 s. The rat was then placed in a home cage for an intertrial interval of 15 s. The platform remained in the same location throughout the remaining four trials of the day. Spatial working memory was regarded as the mean escape latency of the second to fifth trials. The ability of working memory in each rat was assessed by the mean performance for the 4 consecutive days of training.

#### Perfusion and fixation

Six rats per group were anesthetized with Equitesin (2.5 ml/kg i.p.) and perfused through the heart with saline (0.9% NaCl), followed by fixation with 4% paraformaldehyde in 0.1 M phosphate-buffered saline (PBS) for 15 min. Brains were removed and postfixed in the same fixative for 24 h at room temperature, followed by 20% sucrose in PBS for 48 h at 4°C. After fixation, brains were coded to ensure unbiased processing and analysis. The brains were then cut into  $40\,\mu\text{m}$  coronal sections with a cryostat (Leitz, 1900), from Bregma -1.8 mm to Bregma -4.8 mm. Sections from the same brain were divided into groups for analysis by the following procedures: Thioflavine-S (Th-S) and Congo Red (CR) staining and immunohistochemical detection of GFAP and  $A\beta$ peptide.

#### Immunohistochemical staining

Free-floating immunohistochemical procedure was carried out. Washing and dilution of immunoreagents were performed with PBS with 0.2% Triton X-100 (PBS+T), and two PBS+T washes were performed between every antibody incubation. At least six sections *per* brain were used: these were pretreated with 0.5% H<sub>2</sub>O<sub>2</sub> for 20 min to reduce endogenous peroxidase activity followed by treatment with 5% normal goat serum (DAKO, Carpinteria, CA, USA) at room temperature for 1 h to avoid nonspecific binding. A $\beta$  peptide and GFAP detection was performed using either rabbit anti-A $\beta$  or GFAP (1:500) polyclonal antibody, respectively, incubated overnight at 4°C. A horseradish peroxidase-conjugated goat antirabbit IgG second antibody (1:600) was used, incubated for 1 h at room temperature. Two PBS + Twashing and one PBS washing were carried out before the developing step. The staining was developed by incubating during 15 min with 0.6% DAB followed by the addition of  $H_2O_2$  (0.01% final concentration). After immunostaining, all sections were mounted on gelatin-coated slides, air-dried, dehydrated by serial rinses in graded ethanol solutions, cleared with xylene and coverslipped with Canada mounting balsam (Merck, Darmstadt, Germany).

#### Stainings

Th-S staining was carried out as described previously,<sup>34</sup> and CR staining using 'alkaline CR methods' was performed as described previously.<sup>35</sup> Briefly, Th-S staining was developed in sections mounted on gelatin-coated slices. After dehydration and rehydration in ethanol and xilol batteries, slices were incubated in distilled water for 10 min and then were immersed in the Th-S solution (0.1% Th-S in 70% ethanol) for 5 min. Then, slices were washed twice in 70% ethanol for 30s and coverslipped with antifade mounting medium in dark. For the CR staining, brain sections mounted on gelatin-coated slices were dehydrated and rehydrated. They were then incubated in a solution containing 80% ethanol in NaCl saturated water for 20 min. After this incubation, slices were covered with the CR solution during 10 min. Then, the slides were washed in 70% ethanol for 5 s and transferred to absolute ethanol (twice) and xilol clearing (twice). Finally, slices were coverslipped with Canada Balsam mounting medium.

#### Image analysis

Six rats per group were used for the image analysis and at least three micrographs from each rat were analyzed for both amyloid and astrocyte measurements. The area of the amyloid deposit and the number of GFAP-positive astrocytes around the upper leaf of the dentate gyrus (DG) was calculated in  $\times$  40 pictures of coronal brain sections stained with Th-S or with the anti-GFAP antibody, using the SigmaScan Pro software. With the same software, the GFAP intensity in the astrocyte soma and the area of the astrocyte perikaryon were measured.

#### Statistical analysis

Results were expressed as mean  $\pm$  standard error. Behavioral data analyses were conducted with SPSS statistical software evaluation version (www.spss.com). Statistical analyses were performed using ANOVA for repeated measures followed by Newman-Keuls *post hoc* test if appropriate. Student's *t*-test was carried out for the image analysis. Significance was accepted if P < 0.05.

#### Results

## *iAβ5p* treatment protects from spatial learning impairments induced by amyloid deposits

The analysis of the behavioral performance by the Morris water maze test showed that animals injected with  $A\beta_{1-42}$  and treated with  $iA\beta$ 5p present significantly lower escape latency values than animals injected with  $A\beta_{1-42}$  and treated with saline ( $F_{(4,45)} = 7.26$ ; P = 0.015) (Figure 2a), indicating that  $iA\beta$ 5p treatment is able to reduce the cognitive impairment on spatial memory performance induced by  $A\beta_{1-42}$  fibrils. In contrast, animals injected i.c. with aCSF and treated i.p. with saline or  $iA\beta$ 5p showed no significant difference in their escape latency values ( $F_{(4,45)} = 0.59$ ; P = 0.44) (Figure 2b), suggesting that the



**Figure 2** iA $\beta$ 5p treatment decreases escape latency scores. Rats were injected bilaterally into the dorsal hippocampus with A $\beta$  fibrils or vehicle (aCSF) and treated during 1 month with iA $\beta$ 5p or saline as control (n=9 in all groups). (a) Behavioral performances in Morris water maze evaluated by escape latency during the 2 weeks of training. (b) Escape latency values of control animals injected with vehicle showing low escape latency values. (c) Representative swimming paths during day 8 of training. \*P<0.05, determined by two-way ANOVA. Each point represents the mean ± SEM of each group for a single session.

 $\beta$ -sheet breaker peptide *per se* neither induces spatial learning impairments nor enhances the cognitive status of the rat. Representative navigation paths at day 8 of training show the notorious impaired spatial learning acquisition of animals injected i.c. with  $A\beta_{1-}$ 42 and treated i.p. with saline, in comparison with those treated with  $iA\beta 5p$ , which display a navigation pattern similar to control animals (Figure 2c). Spatial acuity is a more sensitive parameter to measure spatial learning, representing the probability to find the rat in a specific region around the hidden platform. In Figure 3a, the relationship between spatial acuity and the escape latency average for the animals of the different groups is shown. As observed in the graph, animals injected with  $A\beta$  amyloid and treated with saline are localized in a region of the graph with high escape latency values and low spatial acuity scores, reflecting the impaired spatial memory of these animals. In contrast, animals with  $A\beta$ amyloid deposits and treated with the  $\beta$ -sheet breaker peptide,  $iA\beta 5p$ , show low escape latency values



**Figure 3** iA $\beta$ 5p treatment improves spatial acuity and has no locomotion effects. (a) Spatial acuity versus escape latency average is shown. Spatial acuity is obtained from the product of the percentage of permanence in quadrant 4 (platform quadrant) by the percentage of permanence in zone B (platform zone), in the 2 weeks of training. (b) Swimming speed was calculated in each group, showing no significant changes in the swimming capabilities of the animals (n = 9 in all groups). Results are expressed as mean  $\pm$  SEM.

(similar to control rats) and spatial acuity scores close to those of control animals, in agreement with the results presented in Figure 2 and supporting the protecting effect of  $iA\beta 5p$  on memory impairment induced by  $A\beta$  neurotoxicity. To rule out that both procedures (the i.c. injection and the i.p treatment) affect the locomotion performance, the swimming speed average (cm/s) was recorded (Figure 3b), showing no difference among the studied groups.

We also evaluated the effect of the  $iA\beta 5p$  peptide over repeated acquisition. For this, we used the working memory test, where the platform position was changed daily (Figure 4a) and the animals trained in each platform location trial. The results show that in the four platform locations analyzed, rats injected with  $A\beta_{1-42}$  fibrils and treated with  $iA\beta 5p$  showed a lower escape latency score compared to the  $A\beta$ injected animals treated with saline ( $F_{(4,06)} = 7.67$ ; P = 0.008). An additional parameter analyzed was the permanence in the zone B, an imaginary annulus where the platform is located. Then, this parameter was analyzed as in the classic water maze as in the working memory test (Figure 4b). As observed in the



**Figure 4** iA $\beta$ 5p treatment improves working memory performance. The animals (n = 9 in all groups) were trained with the working memory test and the average escape latency values were graphed. (a) As observed in the graph, animals injected with  $\bar{A}\beta$  fibrils and treated with  $i\bar{A}\beta 5p$ showed significantly lower escape latency values, in comparison to rats treated with saline. \*P < 0.05; \*\*P < 0.01 (A $\beta$ /saline vs A $\beta$ /iA $\beta$ 5p), determined by twoway ANOVA analysis. No statistical differences were observed between the groups treated with aCSF (with or without  $iA\beta 5p$  treatment) and the rats injected with amyloid fibrils followed by  $iA\beta 5p$  treatment. (b) The permanence in the platform zone of the different groups trained in the classic water maze test (white columns) or in the working memory test (black columns) is shown. In both cases, the  $iA\beta 5p$  treatment improved the behavioral performance. \*P < 0.05. Values are expressed as mean  $\pm$  SEM.

graph, animals injected with  $A\beta_{1-42}$  and treated with  $iA\beta_{5p}$  showed higher permanence time in zone B, similar to control rats. In contrast, those rats injected with  $A\beta_{1-42}$  and treated with saline showed lower time of permanence ( $F_{(3,9)} = 5.17$ ; P = 0.024, for standard water maze;  $F_{(3,9)} = 4.8$ ; P = 0.03, for working memory test). The overall behavioral data obtained in both the standard Morris water maze procedure and working memory test demonstrate that  $iA\beta_{5p}$  is able to protect animals from memory impairments induced by intrahippocampal  $A\beta$ -amyloid deposits.

## Partial reduction of induced amyloid deposits by $iA\beta 5p$ treatment

With the aim to detect whether the protection in spatial memory correlated with a reduction in amyloid deposits, immunodetection of  $A\beta$  peptide and specific amyloid staining, such as Th-S and CR, were carried out. As observed in Figure 5a, c and e,

β-sheet breaker peptide protects memory MA Chacón et al



**Figure 5** Partial decrease of amyloid deposition by  $iA\beta 5p$  treatment. Representative micrographs of amyloid deposits found in rats injected i.c. with  $A\beta$  fibrils and treated i.p. with saline (left panels) or with  $iA\beta 5p$  (right panels) are shown (n = 6 in all groups). (a and b) Immunodetection of  $A\beta$  peptide. (c and d) Th-S staining. (e and f) Congo Red staining. (g) Image analysis of brain sections stained with Th-S. Area measurements were performed by SigamScan Pro software. At least three fields were analyzed from each micrograph. Statistical analysis was carried out by Student's *t*-test (P < 0.05). Micrographs are shown at  $\times 40$  magnification. Results are expressed as mean  $\pm$  SEM.

saline-treated animals showed big and thick amyloid deposits in the hippocampus, as evidenced by immunoreactivity with anti-A $\beta$  antibody, a strong fluorescence with Th-S staining and birefringence with CR staining, respectively. In contrast, amyloid deposits found in rats treated with iA $\beta$ 5p are clearly reduced (Figure 5b, d and f), showing only small fragmented amyloid deposits by immunohistochemistry and staining with both Th-S and CR. The image analysis of coronal brain sections stained with Th-S

β-sheet breaker peptide protects memory MA Chacón et al

revealed a 45% reduction of amyloid burden in animals treated with  $iA\beta 5p$  compared to controls  $(t_{(2,1)}=2.39; P=0.028)$  (Figure 5g). These results support the possibility that memory deficits are associated with some form of amyloid deposits.

## $iA\beta 5p$ treatment does not induce astrocytic inflammatory response

In order to study a possible inflammatory reaction after treatment with the  $\beta$ -sheet breaker peptide, reactive astrocytes were analyzed using an anti-GFAP polyclonal antibody and a peroxidase-conjugated second antibody. Morphological brain analysis of animals injected i.c. with  $A\beta_{1-42}$  fibrils and treated with saline showed a strong GFAP staining in the upper leaf of the DG (arrow) and around this region (head arrow) (Figure 6a). Animals treated with  $iA\beta 5p$ also showed reactivity on the amyloid deposit (in the upper leaf of the DG; arrow), but the GFAP staining decreased around the injection site (head arrow) (Figure 6b). To clarify this issue, a deeper analysis of the reactive astrocytes was carried out; such analysis allowed us to identify hypertrophic astrocytes. Animals injected with  $A\beta_{1-42}$  fibrils and treated with either saline or  $iA\beta 5p$  did not show differences in the density of GFAP-positive astrocytes around the injection site (Figure 6c, d and g). However, only the reactive astrocytes found in animals treated with saline showed an increased GFAP intensity in the soma ( $t_{(2,1)} = 2.198$ ; P = 0.035) and an enhanced size of the perikaryon ( $t_{(2,1)} = 2.066$ ; P = 0.046) (Figure 6e and g) compared to those rats treated with the  $iA\beta 5p$ peptide (Figure 6f, g), indicating that the  $\beta$ -sheet breaker peptide blocked the activation of astrocytes to become hypertrophic glial cells in response to  $A\beta$ . These results suggest that the treatment with the  $iA\beta 5p$  peptide diminished the inflammatory response in the injection site, probably by decreased deposition of A $\beta$  peptide.

Following these observations, we decided to test whether the iA $\beta$ 5p peptide could trigger an astrocytic response per se. For this purpose, coronal brain sections of animals injected i.c. with aCSF and treated with either saline or the  $iA\beta 5p$  peptide were analyzed with the anti-GFAP antibody (Figure 7). Animals injected i.c. with aCSF and treated i.p. with saline (Figure 7a) or with the  $iA\beta 5p$  peptide (Figure 7b) showed a similar mild GFAP staining. As expected, rats treated with the  $iA\beta 5p$  peptide did not show differences in the density of astrocytes with respect to those treated with saline (Figure 7c, d and g), and the  $\beta$ -sheet breaker peptide did not induce the appearance of hypertrophic astrocytes (Figure 7e, f and g). These results indicate that the treatment with the  $\beta$ -sheet breaker peptide does not induce an inflammatory response in the brain *per se*.

#### Discussion

The reduction and/or disaggregation of amyloid deposits in AD brain is a promising target for treating



**Figure 6** iA $\beta$ 5p diminishes the astrocytic reactivity around the injection site. (a–f) Immunodetection of GFAP to detect reactive astrocytes in brain sections of rats injected i.c. with amyloid fibrils and treated with saline (a, c and e) or iA $\beta$ 5p (b, d and f) showing that the iA $\beta$ 5p peptide is able to decrease the astrocytic response induced by A $\beta$ . (g) GFAPpositive astrocytes were analyzed on ×40 pictures to determine the density of the astroglial cells, the GFAP intensity in the soma and the area of the astrocyte perikaryon, indicating that the iA $\beta$ 5p peptide is able to decrease the appearance of hypertrophic astrocytes. (a, b) (c, d) and (e, f) are shown at ×4, ×40 and ×100 magnification, respectively (n=6 in all groups). Values are expressed as mean + SEM.

the disease. Several strategies have been proposed to minimize or revert the negative effects of amyloid, including reduction of A $\beta$  production, inhibition of A $\beta$  misfolding and aggregation, enhancement of A $\beta$  clearance and prevention of A $\beta$  neurotoxicity.<sup>2,27,36</sup> Until recently, A $\beta$  immunization was considered the



**Figure 7** iA $\beta$ 5p does not trigger an astrocytic response in the brain by itself. (a–f) GFAP immunoreactivity in brain sections of rats injected i.c. with aCSF and treated with saline (a, c and e) or iA $\beta$ 5p (b, d and f) showing that saline, as well as iA $\beta$ 5p treatment, does not induce an astrocytic response in the aCSF-injected brains. (g) GFAP-positive astrocytes were analyzed on × 40 pictures to determine the density of the astrocytic cells, the intensity of the GFAP staining and the area of the astrocyte perikaryon, indicating that neither the saline nor the iA $\beta$ 5p peptide treatment is able to trigger the appearance of hypertrophic signals on the astrocytes. (a, b) (c, d) and (e, f) are shown at × 4, × 40 and × 100 magnification, respectively (n=6 in all groups). Values are expressed as mean ± SEM.

most promising strategy. However, a clinical study in humans has recently questioned this treatment<sup>10</sup> by revealing that immunized patients showed a strong brain inflammatory response,<sup>37,38</sup> in which new efforts have emerged for the immunization strategy, including the generation of specific antibodies against the  $\beta$ -amyloid peptide residues 4–10, which are able to inhibit the cytotoxicity and fibrillogenesis of A $\beta$ .<sup>39</sup>

In this work, we have established that an alternative therapeutic treatment involving systemic administration of a small peptide resulted in an almost complete protection from behavioral disturbances, evaluated by working memory and standard water maze tests. These observations are correlated with a partial decrease of hippocampal amyloid deposits induced by  $A\beta$  injection. Thus, it is clear that while spatial memory impairments were prevented from reaching similar levels as those displayed by control animals, amyloid lesions were not completely removed by the treatment, suggesting that the amyloid deposits are not the only cause of the behavioral disturbances observed. This is in agreement with a recent report by Dodart and co-workers,<sup>40</sup> showing that immunization can reverse memory deficits without reducing the brain A $\beta$  burden in a transgenic mouse model. This report suggests that the antibody could be increasing the peripheral clearance and/or sequestration of  $A\beta$ soluble species. The rapid reversion of memory impairment was evaluated with an object recognition task and with a holeboard memory task, tests different from the ones used in this work. From our results, it is evident that there is a reduction of the induced amyloid deposits in the rat hippocampus within just 1 month of treatment with  $iA\beta 5p$ . However, we cannot rule out that the spatial memory impairment observed may be induced by intermediates of  $A\beta$ fibrils, such as small oligomers of  $A\beta$  peptide, which have been demonstrated to inhibit hippocampal longterm potentiation in vivo.<sup>1</sup> It would be interesting to evaluate the effects of a longer treatment with the  $iA\beta 5p$  peptide over both the behavioral performance and the amyloid deposits. We do not know whether the reduction of  $A\beta$ -induced amyloid deposition by the  $iA\beta 5p$  peptide is a result of the  $A\beta$ -fibril disaggregation and/or of the inhibition of amyloid fibril interaction. Probably, the  $iA\beta 5p$  peptide is acting both ways, resulting in the reduction of the amyloid deposition in the rat hippocampus. The  $iA\beta 5p$  peptide can be acting either centrally over the A $\beta$  fibrils injected by preventing the two events mentioned above or acting in peripheral clearance avoiding its accumulation. Since it is well established that wild-type rats or mice never form amyloid plaques under normal conditions, it is unlikely that an endogenous rat  $A\beta$  accumulates in the brain, because the rat  $A\beta$  has three amino-acid substitutions compared to the human A $\beta$  sequence.<sup>41</sup>

The brain inflammatory responses observed in the human vaccination trial<sup>9,10</sup> led us to evaluate the effect of the treatment with  $iA\beta5p$  at the level of the astrogliosis induced by the  $A\beta$  injection. Interestingly,  $iA\beta5p$  treatment diminished the astrogliosis around the amyloid deposit and decreased the appearance of hypertrophic astrocytes; moreover, control rats treated with  $iA\beta5p$  showed a very mild astrocytic reaction similar to that of control rats treated with saline, confirming a recent study with the same peptide in transgenic mice.<sup>29</sup> Moreover, the peptide is able to reduce the extent of interleukin-1 $\beta$ -positive

microglia-like cells that surround the  $A\beta$  deposits.<sup>42</sup> It is therefore highly possible that the treatment with  $iA\beta 5p$  has no significant side effects, which gives new hope for a novel therapeutic intervention for Alzheimer patients.

#### Acknowledgements

We thank Dr Alicia Minniti for her help with the manuscript. FONDAP-Biomedicine Grant No. 13980001. Support of the Millennium Institute of Fundamental and Applied Biology (MIFAB) is also acknowledged.

#### References

- 1 Walsh DM, Klyubin I, Fadeeva JV, Cullen WK, Anwyl R, Wolfe MS *et al.* Naturally secreted oligomers of amyloid  $\beta$  protein potently inhibit hippocampal long-term potentiation *in vivo. Nature* 2002; **416**: 535–539.
- 2 Hardy JL, Selkoe DJ. The amyloid hypothesis of Alzheimer's disease: progress and problems on the road to therapeutics. *Science* 2002; **297**: 353–356.
- 3 Pike CJ, Burdick D, Walencewicz AJ, Glabe CG, Cotman CW. Neurodegeneration induced by beta-amyloid peptides *in vitro*: the role of peptide assembly state. *J Neurosci* 1993; **13**: 1676–1687.
- 4 Schenk D, Barbour R, Dunn W, Gordon G, Grajeda H, Guido T *et al.* Immunization with amyloid- $\beta$  attenuates Alzheimer-disease-like pathology in the PDAPP mouse. *Nature* 1999; **400**: 173–177.
- 5 Janus C, Pearson J, McLaurin J, Mathews PM, Jiang Y, Schmidt SD et al. A $\beta$  peptide immunization reduces behavioural impairment and plaques in a model of Alzheimer's disease. *Nature* 2000; **408**: 979–982.
- 6 Morgan D, Diamond DM, Gottschall PE, Ugen KE, Dickey C, Hardy J *et al.*  $A\beta$  peptide vaccination prevents memory loss in an animal model of Alzheimer's disease. *Nature* 2000; **408**: 982–985.
- 7 DeMattos RB, Bales KR, Cummins DJ, Dodart JC, Paul SM, Holtzman DM. Peripheral anti- $A\beta$  antibody alters CNS and plasma  $A\beta$  clearance and decreases brain  $A\beta$  burden in a mouse model of Alzheimer's disease. *Proc Natl Acad Sci USA* 2001; **98**: 8850–8855.
- 8 Bard F, Cannon C, Barbour R, Burke RL, Games D, Grajeda H *et al.* Peripherally administered antibodies against amyloid  $\beta$ -peptide enter the central nervous system and reduce pathology in a mouse model of Alzheimer disease. *Nat Med* 2002; **6**: 916–919.
- 9 Check E. Nerve inflammation halts trial for Alzheimer's drug. Nature 2002; 415: 462.
- 10 Bishop GM, Robinson SR, Smith MA, Perry G, Atwood CS. Call for Elan to publish Alzheimer's trial details. *Nature* 2002; 416: 677.
- 11 Pfeifer M, Boncristiano S, Bondolfi L, Stalder A, Deller T, Staunfenbiel M *et al.* Cerebral hemorrhage after passive anti-A $\beta$  immunotherapy. *Science* 2002; **298**: 1379.
- 12 Bronfman FC, Garrido J, Alvarez A, Morgan C, Inestrosa NC. Laminin inhibits amyloid-beta-peptide fibrillation. *Neurosci Lett* 1996; **218**: 201–203.
- 13 Morgan C, Bugueno MP, Garrido J, Inestrosa NC. Laminin affects polymerization, depolymerization and neurotoxicity of Abeta peptide. *Peptides* 2002; 23: 1229–1240.
- 14 Pappolla M, Bozner P, Soto C, Shao H, Robakis NK, Zagorski M *et al.* Inhibition of Alzheimer beta-fibrillogenesis by melatonin. *J Biol Chem* 1998; **273**: 7185–7188.
- 15 Ono K, Hasegawa K, Yoshiike Y, Takashima A, Yamada M, Naiki H. Nordihydroguaiaretic acid potently breaks down pre-formed Alzheimer's beta-amyloid fibrils *in vitro*. J Neurochem 2002; 81: 434–440.
- 16 Ono K, Yoshiike Y, Takashima A, Hasegawa K, Naiki H, Yamada M. Potent anti-amyloidogenic and fibril-destabilizing effects of polyphenols *in vitro*: implications for the prevention and therapeutics of Alzheimer's disease. *J Neurochem* 2003; 87: 172–181.

- 17 Solomon B, Koppel R, Frankel D, Hanan-Aharon E. Disaggregation of Alzheimer beta-amyloid by site-directed mAb. *Proc Natl Acad Sci USA* 1997; **94**: 4109–4112.
- 18 Fraser PE, Nguyen JT, McLachlan DR, Abraham CR, Kirschner DA. Alpha 1-antichymotrypsin binding to Alzheimer A beta peptides is sequence specific and induces fibril disaggregation *in vitro*. *J Neurochem* 1993; **61**: 298–305.
- 19 Kim JE, Lee M. Fullerene inhibits beta-amyloid peptide aggregation. *Biochem Biophys Res Commun* 2003; **303**: 576–579.
- 20 Luo Y, Smith JV, Paramasivam V, Burdick A, Curry KJ, Buford JP, Khan I, Netzer WJ, Xu H, Butko P. Inhibition of amyloid-beta aggregation and caspase-3 activation by the *Ginkgo biloba* extract EGb761. *Proc Natl Acad Sci USA* 2002; **99**: 12197–12202, Epub 2002 Sep 04.
- 21 Kiuchi Y, Isobe Y, Fukushima K. Type IV collagen prevents amyloid beta-protein fibril formation. *Life Sci* 2002; **70**: 1555–1564.
- 22 Gordon DJ, Sciarretta KL, Meredith SC. Inhibition of betaamyloid(40) fibrillogenesis and disassembly of beta-amyloid(40) fibrils by short beta-amyloid congeners containing N-methyl amino acids at alternate residues. *Biochemistry* 2001; 40: 8237– 8245.
- 23 Tjernberg LO, Naslund J, Lindqvist F, Johansson J, Karlstrom AR, Thyberg J, Terenius L, Nordstedt C. Arrest of beta-amyloid fibril formation by a pentapeptide ligand. *J Biol Chem* 1996; **271**: 8545– 8548.
- 24 Soto C, Sigurdsson EM, Morelli L, Kumar RA, Castano EM, Frangione B. Beta-sheet breaker peptides inhibit fibrillogenesis in a rat brain model of amyloidosis: implications for Alzheimer's therapy. *Nat Med* 1998; 4: 822–826.
- 25 Nakagami Y, Nishimura S, Murasugi T, Kaneko I, Meguro M, Marumoto S, Kogen H, Koyama K, Oda T. A novel beta-sheet breaker, RS-0406, reverses amyloid beta-induced cytotoxicity and impairment of long-term potentiation *in vitro*. Br J Pharmacol 2002; **137**: 676–682.
- 26 Soto C, Kindy MS, Baumann M, Frangione B. Inhibition of Alzheimer's amyloidosis by peptides that prevent  $\beta$ -sheet conformation. *Biochem Biophys Res Commun* 1996; **226**: 672–680.
- 27 Soto C. Plaque busters: strategies to inhibit amyloid formation in Alzheimer's disease. *Mol Med Today* 1999; **5**: 343–350.
- 28 Poduslo JF, Curran GL, Kumar A, Frangione B, Soto C. Beta-sheet breaker peptide inhibitor of Alzheimer's amyloidogenesis with increased blood-brain barrier permeability and resistance to proteolytic degradation in plasma. *J Neurobiol* 1999; **39**: 371–382.
- 29 Permanne B, Adessi C, Saborio GP, Fraga S, Frossard MJ, Van Dorpe J *et al.* Reduction of amyloid load and cerebral damage in a transgenic mousemodel of Alzheimer's disease by treatment with a  $\beta$ -sheet breaker peptide. *FASEB J* 2002; **16**: 860–862.
- 30 Morris RGM. Developments of a water-maze procedure for studying spatial learning in the rat. J Neurosci Meth 1984; 11: 47–60.
- 31 De Ferrari GV, Chacón MA, Barría MI, Garrido JL, Godoy JA, Olivares G *et al.* Activation of Wnt signaling rescues neurodegeneration and behavioral impairments induced by  $\beta$ -amyloid fibrils. *Mol Psychiatry* 2003; **8**: 195–208.
- 32 Frick KM, Baxter MG, Markowska AL, Olton DS, Price DL. Agerelated spatial reference and working memory deficits assessed in the water maze. *Neurobiol Aging* 1995; **16**: 149–160.
- 33 Paxinos G, Watson C (1986). The Rat Brain in Stereotaxic Coordinates, 2nd edn. Academic Press: New York.
- 34 Elghetany MT, Saleem A. Methods for staining amyloid in tissues: a review. *Stain Technol* 1988; **63**: 201–212.
- 35 Puchtler H, Sweat F, Levine M. On the binding of Congo Red by amyloid. J Histochem Cytochem 1961; 10: 355–364.
- 36 Inestrosa N, De Ferrari G, Garrido J, Alvarez A, Olivares G, Barría M *et al.* Wnt signaling involvement in  $\beta$ -amyloid-dependent neurodegeneration. *Neurochem Int* 2002; **41**: 341–344.
- 37 Münch G, Robinson SR. Potential neurotoxic inflammatory responses to  $A\beta$  vaccination in humans. J Neural Transm 2002; **109**: 1081–1087.
- 38 Imbimbo BP. Toxicity of  $\beta$ -amyloid vaccination in patients with Alzheimer's disease. Ann Neurol 2002; **51**: 794.
- 39 McLaurin J, Cecal R, Kierstead ME, Tian X, Phinney AL, Manea M et al. Therapeutically effective antibodies against amyloid- $\beta$

peptide target amyloid- $\beta$  residues 4–0 and inhibit cytotoxicity and fibrillogenesis. Nat Med 2002; **8**: 1263–1269.

- 40 Dodart JC, Bales KR, Gannon KS, Greene SJ, DeMattos RB, Mathis C *et al.* Immunization reverses memory deficits without reducing brain  $A\beta$  burden in Alzheimer's disease model. *Nat Neurosci* 2002; **5**: 452–457.
- 41 Soto C, Brañes MC, Alvarez J, Inestrosa NC. Structural determinants of the Alzheimer's amyloid  $\beta$ -peptide. J Neurochem 1994; 63: 1191–1198.
- 42 Sigurdsson EM, Permanne B, Soto C, Wisniewski T, Frangione B. In vivo reversal of amyloid- $\beta$  lesions in rat brain. J Neuropathol Exp Neurol 2000; **59**: 11–17.