

Verification of the Intermolecular Parallel β -Sheet in E22K-A β 42 Aggregates by Solid-State NMR Using Rotational Resonance: Implications for the Supramolecular Arrangement of the Toxic Conformer of A β 42

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Formation of the intermolecular β -sheet is a key event in the aggregation of 42-residue amyloid- β (A β 42). We have recently identified a physiological and toxic conformer, the turn positions of which are slightly different from each other, in the aggregates of E22K-A β 42 (one of the mutants related to cerebral amyloid angiopathy). However, it remains unclear whether the intermolecular β -sheet in the E22K-A β 42 aggregates is parallel or antiparallel. We prepared an equal mixture of E22K-A β 42 aggregates labeled at C_{α} and those labeled at C=O with ¹³C, whose intermolecular ¹³C-¹³C distance was estimated by solid-state NMR using rotational resonance (R2). The intermolecular proximity of β -strands at positions 21 and 30 was less than 6Å, supporting the existence of the intermolecular parallel β -sheet in the E22K-A β 42 aggregates as well as in wildtype A β 42 aggregates. The results also suggest that each conformer would not accumulate alternately, but form a relatively large assembly.

Key words: A β 42; Alzheimer's disease; intermolecular parallel β -sheet; Italian mutation; solid-state NMR

Alzheimer's disease (AD) is characterized by the abnormal accumulation of 40- and 42-mer amyloid β

 $(A\beta 40 \text{ and } A\beta 42)$,¹⁾ the latter being far more aggregative and neurotoxic.²⁾ Since the aggregation of $A\beta$ induces neuronal death, a structural analysis of $A\beta$ aggregates is essential for understanding the mechanism of neurotoxicity.

Aβ aggregates (fibrils) consist of a cross-β structure, in which β-strands run perpendicular to the fiber axis.³⁾ These β-strands are connected to each other with hydrogen bonds and form intermolecular β-sheets. The formation of an intermolecular β-sheet is the key event in the aggregation of not only Aβ, but also other aggregative proteins such as prions in prion disease and α-synuclein in Parkinson's disease.⁴⁾ The intermolecular β-sheet in amyloid fibrils can be either parallel or antiparallel, depending on the primary structure of the Aβ peptides. Antiparallel β-sheets have been found in the aggregates formed from short fragments of Aβ: Aβ₃₄₋₄₂,⁵⁾ Aβ₁₆₋₂₂,⁶⁾ and Aβ₁₁₋₂₅.⁷⁾ On the other hand, β-strands in the aggregates of wild-type Aβ40 and Aβ42 are aligned parallel to each other.^{8–11)}

Our proline scanning and solid-state NMR recently identified two conformers in the A β 42 aggregates: a physiological one with a turn at positions 25 and 26, and a toxic one with a turn at positions 22 and 23 (Fig. 1A and B).¹²⁾ We suggested that E22K-A β 42 (Italian), one of the mutant peptides related to cerebral amyloid

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Abbreviations: AD, Alzheimer's disease; A β , amyloid β ; DARR, dipolar-assisted rotational resonance; DIPEA, *N*,*N*-diisopropylethylamine; DMF, *N*,*N*-dimethylformamide; ESR, electron spin resonance; Fmoc, *N*- α -(9-fluorenylmethoxycarbonyl); FTIR, Fourier transform infrared spectroscopy; HATU, *N*-[(dimethylamino)-1*H*-1,2,3-triazolo[4,5-*b*]pyridin-1-ylmethylene]-*N*-methylmethanaminium hexafluorophosphate *N*-oxide; MALDI-TOF-MS, matrix-assisted laser desorption/ionization time-of-flight mass spectrometry; MAS, magic angle spinning; PEG-PS, polyethylene glycol-polystyrene support; R2, rotational resonance; TFA, trifluoroacetic acid



Fig. 1. Structural Models of Aβ42 Aggregates Proposed by Systematic Replacement with Proline and Solid-State NMR.¹² A, Physiological conformer in wild-type Aβ42 aggregates. B, Toxic conformer in wild-type Aβ42 aggregates. C, Toxic conformer in E22K-Aβ42 aggregates. In E22K-Aβ42 (C), the ionic interaction between Lys-22 and Asp-23 would promote the formation of a turn structure at this position. On the other hand, electrostatic repulsion between Glu-22 and Asp-23 might suppress the formation of a turn at this position in wildtype Aβ42 (B).

angiopathy, had stronger aggregative ability and neurotoxicity than wild-type A β 42 because ionic interaction between Lys-22 and Asp-23 could promote the formation of a turn at positions 22 and 23 to increase the ratio of the toxic conformer (Fig. 1C).¹³⁾ Thus, the establishment of a precise structural model for the E22K-A β 42 aggregates is essential to understand the etiology of AD. However, it remains unclear whether the intermolecular β -sheet in the E22K-A β 42 aggregates is parallel or antiparallel, and how each conformer assembles in relation to the other. To clarify these aspects, we evaluated the intermolecular distance between β -strands in the E22K-A β 42 aggregates by solid-state NMR, using rotational resonance (R2).¹⁴

Materials and Methods

General. The following analytical and spectroscopic instruments were used: ¹H- and ¹³C-NMR in a solution, Bruker AVANCE 400 (ref. TMS); FAB-MS, JEOL JMS-600H (matrix: glycerol); peptide synthesizer, Pioneer[™] (Applied Biosystems, Foster City, CA, USA); HPLC, Waters 600E multisolvent delivery system with a 2487 UV dual wavelength absorbance detector (Waters, Milford, MA); matrix-assisted laser desorption/ionization time-of-flight mass spectrometer (MALDI-TOF-MS), Voyager-DE PRO and 4700 Proteomics Analyzer (Applied Biosystems); transmission electron microscope, H-7500 (Hitachi, Ibaraki, Japan); solid-state NMR spectrometer, Chemagnetics Infinity NMR spectrometer and Chemagnetics 3.2 mm magic angle spinning (MAS) probe. HPLC was carried out in a Develosil-packed column ODS-UG-5 (20-mm internal diameter × 150 mm; Nomura Chemicals, Seto, Japan).

L-Alanine (1-¹³C) and L-alanine (2-¹³C) were purchased from Taiyo Nippon Sanso Corporation (Tokyo, Japan). HATU,¹⁵⁾ N- α -(9-fluorenylmethoxycarbonyl) (Fmoc) amino acids, Fmoc-Ala-polyethylene glycolpolystyrene support (PEG-PS) resin, and *N*,*N*-diisopropylethylamine (DIPEA) were from Applied Biosystems. *N*,*N*-Dimethylformamide (DMF), trifluoroacetic acid (TFA), 1,2-ethanedithiol, thioanisole, *m*-cresol, and diethyl ether (peroxide-free) were purchased from Nacalai Tesque (Kyoto, Japan). Piperidine was obtained from Sigma.

Preparation of protected amino acids labeled with ¹³C. Fmoc derivatives of L-alanine $(1^{-13}C)$ and L-alanine $(2^{-13}C)$ were synthesized as reported previously.^{13,16)} The yields were 86% for *N*-Fmoc-L-alanine $(1^{-13}C)$ and 87% for *N*-Fmoc-L-alanine $(2^{-13}C)$. The structures were confirmed by ¹H-NMR, ¹³C-NMR, and FAB-MS measurements.

Synthesis of E22K-AB42 peptides. Synthesis of the E22K-A β 42 peptides was performed in a stepwise manners on 0.1 mmol of Fmoc-Ala-PEG-PS resin by the Pioneer[™] instrument with the Fmoc method, as reported previously.^{13,17–19)} The coupling reaction was carried out with the Fmoc amino acid (0.4 mmol), HATU (0.4 mmol), and DIPEA (0.8 mmol) in DMF for 30 min. E22K-A β 42 labeled at Ala-21 and that labeled at Ala-30 with ¹³C were prepared in different ways. E22K-A β 42 labeled at C_{α} of Ala-21 with ¹³C and that labeled at C=O of Ala-21 with ¹³C were respectively synthesized. In the synthesis of an equal mixture of E22K-A β 42 labeled at C_{α} of Ala-30 and that labeled at C=O of Ala-30 with ¹³C, the Fmoc amino acid at Ala-30 was applied as an equal mixture of N-Fmoc-L-alanine $(1^{-13}C)$ and *N*-Fmoc-L-alanine $(2^{-13}C)$. After each coupling reaction, the Fmoc group at the N-terminus was removed with 20% piperidine in DMF.

After completing the chain elongation, the peptide resin washed with DMF and CH₂Cl₂ was treated with a cocktail containing TFA, *m*-cresol, ethanedithiol, and thioanisole for final deprotection of the side chains and cleavage from the resin. After shaking at room temperature for 2 h, the crude peptide precipitated by diethyl ether was purified by HPLC under alkaline conditions, as reported previously.^{13,18,19)} Lyophilization gave corresponding E22K-A β 42, the purity of which was confirmed by HPLC as >98%. The yields of the peptides were 5–8%. The synthesized peptide exhibited satisfactory mass spectral data by MALDI-TOF-MS (Supplemental Figs. 1–3; see the *Biosci. Biotechnol.* *Biochem.* Web site) for E22K-A β 42 labeled at C_{α} of Ala-21 with ¹³C (MH⁺, average molecular mass; observed, 4515.58; calculated, 4515.16), E22K-A β 42 labeled at C=O of Ala-21 with ¹³C (MH⁺, average molecular mass; observed, 4514.55; calculated, 4515.16), and an equal mixture of E22K-A β 42 labeled at C_{α} of Ala-30 and that labeled at C=O of Ala-30 with ¹³C (MH⁺, average molecular mass; observed, 4515.30; calculated, 4515.16).

Fibril formation of Aβ42 labeled with ¹³*C*. An equal mixture of E22K-A*β*42 labeled at C_α of Ala-21 and that labeled at C=O of Ala-21 with ¹³C was dissolved in 0.1% NH₄OH at 250 µm. After a 10-fold dilution with 50 mM sodium phosphate containing 100 mM NaCl at pH 7.1, the resulting peptide solution (25 µm, pH 7.4) was incubated at 37 °C under quiescent conditions for 48 h. After centrifugation at 21,000 g and 4 °C, and subsequent washing with distilled water, the resulting aggregates (fibrils) were dried *in vacuo*.

An equal mixture of the E22K-A β 42 aggregates labeled at C_{α} of Ala-30 and those labeled at C=O of Ala-30 with ¹³C was prepared by the same method.

Transmission electron micrographs of negatively stained preparations of the fibrils formed by $A\beta42$ labeled with ¹³C. Fibrillation of the E22K-A $\beta42$ peptides was confirmed by electron microscopy (Fig. 2). The incubation conditions were the same as those used for preparing the samples for solid-state NMR. Each E22K-A $\beta42$ peptide was dissolved in 0.1% NH₄OH at 250 µM. After a 10-fold dilution with 50 mM sodium phosphate containing 100 mM NaCl at pH 7.1, the resulting peptide solution (25 µM, pH 7.4) was incubated at 37 °C for 48 h. After centrifugation, the supernatant was removed from the pellets. The deposits were suspended in distilled water by vortex mixing. The resulting suspensions were applied to a 400-mesh collodion-coated copper grid (Nissin EM, Tokyo, Japan)



Fig. 2. Transmission Electron Micrographs of Negatively Stained Preparations of Fibrils.

A, Equal mixture of E22K-A β 42 aggregates labeled at C_{α} of Ala-21 and that labeled at C=O of Ala-21 with ¹³C. B, Equal mixture of E22K-A β 42 aggregates labeled at C_{α} of Ala-30 and that labeled at C=O of Ala-30 with ¹³C. Scale bar = 200 nm.



Fig. 3. Pulse Sequence for the 1D R2 Experiments.

and dried in air, before being negatively stained for 2 min with 2% uranyl acetate. Formation of the fibrils was examined with an H-7500 electron microscope.

Solid-state NMR experiments. Solid-state NMR experiments were performed at 9.4 T (100 MHz for ¹³C) with a Chemagnetics Infinity NMR spectrometer and Chemagnetics 3.2 mm MAS probe at room temperature. The ¹³C chemical shifts were calibrated in ppm relative to TMS by taking the ¹³C chemical shift for the methine carbon nucleus of solid adamantane (29.5 ppm) as an external reference standard.

To evaluate the ${}^{13}C{}^{-13}C$ distance, 1D rotational resonance (R2)¹⁴⁾ experiments were conducted, the pulse sequence being shown in Fig. 3. Pulse sequence parameters for the R2 experiments were as follows: MAS speed = 12,540 and 12,650 Hz, variable amplitude cross polarization contact time = 0.5–2.0 ms, pulse delay = 2 s, two pulse phase-modulated ¹H decoupling power = 120 kHz, t₁ increment = 44 µs, and mixing time (τ) = 0–100 ms.

Results and Discussion

To verify the parallel arrangement of the intermolecular β -sheet, the proximity of the β -strands at more than two positions must be determined (Fig. 4A). Our previous study involving the systematic replacement of A β 42 with proline suggested that alanine residues at



Fig. 4. Estimation of the Intermolecular Distance between β -Strands by the R2 Experiments.

A, Possible alignment of β -strands in the parallel β -sheet. B, Intermolecular labeling of C_{α} and C=O of the Ala residue in a parallel β -sheet with ¹³C. Asterisks show carbon atoms labeled with ¹³C. Double-headed arrows show possible dipole-dipole interactions reintroduced under the R2 conditions.



Fig. 5. Structural Analysis of the Intermolecular β -Sheet in E22K-A β 42 Aggregates Using R2. 1D ¹³C CP-MAS spectrum (ns = 1,024) (A) and 1D R2 spectra (ns = 10,800) (B–D) of an equal mixture of E22K-A β 42 aggregates labeled at C_{α} of Ala-21 and those labeled at C=O of Ala-21 with ¹³C (12.3 mg/tube). The mixing times were (B) 0 ms, (C) 13 ms, and (D) 100 ms. 1D ¹³C CP-MAS spectrum (ns = 1,024) (E) and 1D R2 spectra (ns = 10,800) (F–H) of an equal mixture of E22K-A β 42 aggregates labeled at C_{α} of Ala-30 and those labeled at C=O of Ala-30 with ¹³C (9.9 mg/tube). The mixing times were (F) 0 ms, (G) 20 ms, and (H) 100 ms. The signal with the asterisk shows the spinning side band of ¹³C=O. Magnetization transfer from ¹³C=O (arrow) to ¹³C_{α} (arrowhead) by the R2 effect was observed at both Ala-21 and Ala-30.

positions 21 and 30 were included in the β -sheet region.¹⁹⁾ In this study, we examined the proximity between the β -strands at these positions using solid-state NMR.

To evaluate the intermolecular distance, we used rotational resonance $(R2)^{14}$ which is a reliable and convenient method for selectively detecting dipoledipole interactions. In this experiment, the MAS speed was adjusted to the difference between the chemical shifts of the two ¹³C spins of interest. Under the R2 condition, the magnetization transfer within the ¹³C spins was driven by the reintroduction of the dipoledipole interaction. In previous studies with R2 experiments, magnetization transfer between spatially remote carbons up to 6 Å was generally detected.^{5,20,21)} In the parallel β -sheet model (Fig. 4B), the intermolecular distance between C_{α} and C=O in the main chains would be proximal (4–6 Å). To solely detect the intermolecular dipole-dipole interaction accurately, we prepared aggregates of an equal mixture of E22K-A β 42 labeled at C_{α} and that labeled at C=O with ¹³C (Fig. 4B). E22K-A β 42 peptides labeled with ¹³C were prepared by solidphase Fmoc synthesis, as reported previously.^{13,17-19} Labeled E22K-A β 42 (25 μ M) aggregated completely at 37 °C in phosphate-buffered saline (pH 7.4) for 48 h. Typical fibril formation was confirmed by transmission electron microscopy (Fig. 2). After centrifuging and subsequent washing with distilled water, the aggregates were dried *in vacuo* and subjected to solid-state NMR measurement.

We applied the 1D R2 experiment (Fig. 3) to detect the magnetization transfer with high sensitivity. Briefly, we maintained one of the ¹³C magnetizations by a spinlock pulse until the other magnetization of interest had disappeared. After the required mixing time, the disappeared signal would be recovered by magnetization



Fig. 6. Possible Supramolecular Structures of the $A\beta 42$ Aggregates.

transfer from the remaining magnetization through dipole-dipole interaction.

As shown in Fig. 5A–D, the intermolecular magnetization transfer from ${}^{13}C=O$ to ${}^{13}C_{\alpha}$ was observed at Ala-21, and the signal intensity became larger in proportion to increasing mixing time. Clear cross-peaks were observed between ${}^{13}C=O$ and ${}^{13}C_{\alpha}$ in the 2D R2 spectrum with a mixing time of 50 ms (Supplemental Fig. 4; see the Biosci. Biotechnol. Biochem. Web site). These data suggest that the intermolecular distance between the main chains at Ala-21 was smaller than 6 Å. Similar R2 effects were obtained between ¹³C=O and $^{13}C_{\alpha}$ at Ala-30 (Fig. 5E–H, Supplemental Fig. 5; see the Biosci. Biotechnol. Biochem. Web site); this indicates that the main chains between the β -strands at Ala-30 were also close to each other. These data strongly support the parallel alignment of the intermolecular β sheet in the E22K-A β 42 aggregates. This is the first report applying R2 in combination with mosaic labeling (Fig. 3B) to verify the intermolecular parallel β -sheet.

We have previously reported that E22K-A β 42 aggregates contained physiological and toxic conformers, the turn positions of which were slightly different from each other (Fig. 1).¹²⁾ Although the present results revealed the existence of intermolecular parallel β -sheets in the E22K-A β 42 aggregates, the positional relationship between the two conformers remains unclear. If the two conformers accumulated alternately (Fig. 6, upper model), the intermolecular distances between the β strands at Ala-21 and Ala-30 would be greater than 6Å. However, the intermolecular dipole-dipole interactions observed in this study were strong (Fig. 5), indicating that each conformer formed a relatively large assembly consisting of an intermolecular parallel β -sheet in the aggregates (Fig. 6, lower model). Since the aggregation velocity of the toxic conformer was much faster than that of the physiological conformers, the toxic conformers would form a nucleus, resulting in elongation of the physiological conformers (Fig. 6, lower model).

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