

## The Melanotropin Potentiating Factor and $\beta$ -Endorphin do not Modulate the $\alpha$ -Melanotropin- or Adrenocorticotropin-Induced Corticosteroidogenesis in Purified Isolated Rat Adrenal Cells

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**Abstract**—The ability of two pro-opiomelanocortin-derived peptides, the melanotropin potentiating factor (MPF) and  $\beta$ -endorphin ( $\beta$ EP), to affect corticosteroid production was studied in purified isolated rat adrenal cells. Addition of MPF or  $\beta$ EP, in doses from 5 pg to 5  $\mu$ g, alone did not result in a corticosterone production. Furthermore, no effect of MPF or  $\beta$ EP in doses from 5 pg to as high as 5  $\mu$ g for both peptides upon the ACTH or  $\alpha$ -MSH-induced corticosteroidogenesis was observed ( $p > 0.1$ ). It is concluded that both MPF and  $\beta$ EP do not influence the steroidogenic activity in the adrenal gland. Use of these peptides for discrimination of the ACTH/ $\alpha$ -MSH receptor interactions is suggested.

### Introduction

The pigmentary activity of  $\alpha$ -Melanocyte stimulating Hormone ( $\alpha$ -MSH) and related peptides can be potentiated by simultaneous administration of the COOH-terminal end of human  $\beta$ -Lipotropin (h $\beta$ LPH) as measured in the *Anolis* skin bioassay. This so-called melanotropin potentiating factor (MPF) has been identified as the amino acid sequence Lys-Lys-Gly-Glu i.e. h $\beta$ LPH<sup>88-91</sup> (1).  $\alpha$ -MSH shares its amino acid sequence with adrenocorticotropin (ACTH), as is ACTH<sup>1-13</sup>.

Therefore, ACTH has the message for pigment dispersion in common with  $\alpha$ -MSH. Besides its melanotropic activity in lower vertebrates ACTH exercises mainly corticosteroidogenic activity in mammals. Due to the presence of the bioactive part of ACTH,  $\alpha$ -MSH is able to stimulate corticosteroidogenesis as well (2-5). In this respect it is of interest to investigate the potentiating activity of MPF upon both the ACTH- and the  $\alpha$ -MSH-induced corticosterone production in adrenocortical cells.

MPF is also a part of  $\beta$ EP ( $\beta$ LPH<sup>61-91</sup>). This hormone has been reportedly shown to affect corticosteroidogenesis in crude rat adrenocortical cells stimulatorily (6, 7) as well as inhibitorily (7).

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Furthermore, very recently it was reported (8) that pharmacological doses of  $\beta$ EP could attenuate the *in vivo* cortisol response to exogenous ACTH. These data prompted us to study the effect of  $\beta$ EP and MPF upon the steroidogenesis with and without ACTH and  $\alpha$ -MSH in our purified isolated rat adrenal system.

## Materials and Methods

### Peptides

Synthetic hACTH<sup>1-39</sup>-revised sequence (9), 188 IU/mg as estimated previously (10)- and  $\alpha$ -MSH were generous gifts from Dr W. Rittel and Dr P. Dessaulles (CIBA-Geigy Ltd, Basle),  $\beta$ -endorphin and LPH<sup>88-91</sup>(MPF) were prepared by ICI (Alderley Park, Cheshire, UK) as described (1) and kindly donated by Dr J. S. Morley.

### Preparation of preincubated, purified isolated rat adrenal cells

The preparation of preincubated, purified isolated cells has been described in detail previously (4). Briefly, the procedure is as follows. Adrenals of 5 male Wistar rats were freed of fat, cut into ten pieces and incubated at 37°C for 50 min under 95% O<sub>2</sub>, 5% CO<sub>2</sub> in a solution of 10ml Krebs-Ringer bicarbonate glucose (KRBG) containing 32mg crude collagenase (Sigma type I) and 400mg BSA (Sigma, A 6003). After disruption of the tissue by pipetting, the suspension (excluding the remaining large particles) was transferred to a cold 100ml polyethylene tube. Two ml of buffer containing 0.5% BSA and 7.65mM Ca (KRBGACa) were added to the large particles and the material was disrupted again. Both supernatants were combined and centrifuged at 100g for 10 min (4°C). The supernatant was discarded and the pellet was washed twice in 10ml KRBGACa. After the final centrifugation the cells were resuspended in 4ml KRBGACa and purified by layering one ml upon 8ml 5% BSA in KRBGCa. After 30 min the upper layer was removed by suction and the 5% BSA layer, which then contained the purified cells, was diluted appropriately. The purified cells (0.8ml aliquots) were preincubated for 1 hour at 37°C under an atmosphere of 95% O<sub>2</sub>, + 5% CO<sub>2</sub> after which ACTH diluent (0.1ml of 0.9% NaCl, 0.5% BSA, pH adjusted to 3.5 with N HCl) was added

together with MPF or  $\beta$ -endorphin doses (dissolved in 0.1ml KRBGACa).

Subsequently the cells were incubated for two hours under the same conditions as during the preincubation. All observations were made in duplicate except stated otherwise.

Corticosterone was measured fluorometrically as described before (11).

### Potency analysis

In each experiment complete log dose-response curves of ACTH and  $\alpha$ -MSH were constructed. The potencies of the peptides were expressed as the relations of the reciprocals of their molar ED<sub>50</sub> to the reciprocal of the molar ED<sub>50</sub> of hACTH<sup>1-39</sup>. The potency of 100 was assigned to human ACTH (12).

### Statistical evaluation

In order to compare the results of the experiments performed on different occasions, the control values – i.e. the corticosterone quantity in tubes without MPF or  $\beta$ -endorphin – were assigned to a value of 1.00 in each separate experiment. Means are presented  $\pm$  one standard deviation. Student's t-test was used to test the statistical significance of differences between groups.

## Results

Figure 1 shows typical log dose-response curves for ACTH and  $\alpha$ -MSH. It can be seen that the curve for  $\alpha$ -MSH is characterized by a similar slope and similar maximal corticosterone production as the curve for ACTH. In 6 experiments a mean potency for  $\alpha$ -MSH of  $0.022 \pm 0.004$  was calculated, 5000 times lower than the potency of the ACTH moiety. Addition of EP or MPF (both in doses from 5pg to 5g) alone did not stimulate corticosterone production. No effect of MPF on the ACTH-induced corticosteroidogenesis could be observed either: MPF in doses varying from 5pg to 5 $\mu$ g did not affect the stimulating effect of ACTH (Fig 2a). The same result was obtained when its influence on the  $\alpha$ -MSH-induced corticosterone production was studied (Fig 2b). Similar observations were made regarding the effect of  $\beta$ EP on the ACTH- and  $\alpha$ -MSH-induced corticosteroidogenesis.

The table summarizes the results of 4 experi-

ments. In none of the tests was a steroidogenic effect evoked by MPF or  $\beta$ EP alone, nor was the steroidogenic activity induced by ACTH or  $\alpha$ -MSH modified in any way ( $p > 0.1$ ).

## Discussion

The results demonstrate that neither the melanotropin potentiating factor nor  $\beta$ -endorphin are able to evoke corticosteroidogenesis by themselves (Fig 1). Moreover, neither peptide influences the corticosterone production elicited by ACTH or  $\alpha$ -MSH in preincubated, purified isolated rat adrenal cells (Fig 2; Table).

It is well known that the corticosteroidogenic potency of  $\alpha$ -MSH is much weaker than that of ACTH due to the lack of the basic amino acid sequence ACTH<sup>15-18</sup>. The potency of  $\alpha$ -MSH in our system – calculated as about 5000 times lower than that of ACTH – is more or less in agreement with the values found in other studies (5, 13, 14). The presence of a second corticosteroidogenic "message" amino acid sequence within the ACTH molecule was recently demonstrated (15) and confirmed (16). Due to the low potency of fragments containing this second message it is believed that the main message sequence responsible for

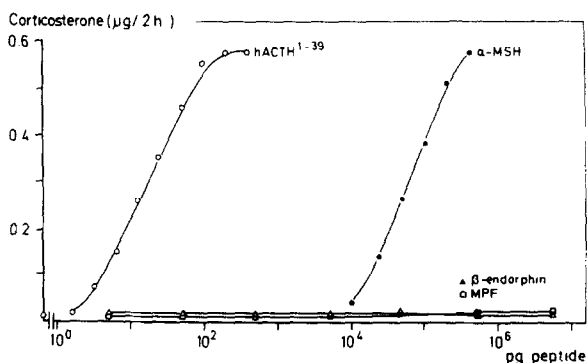


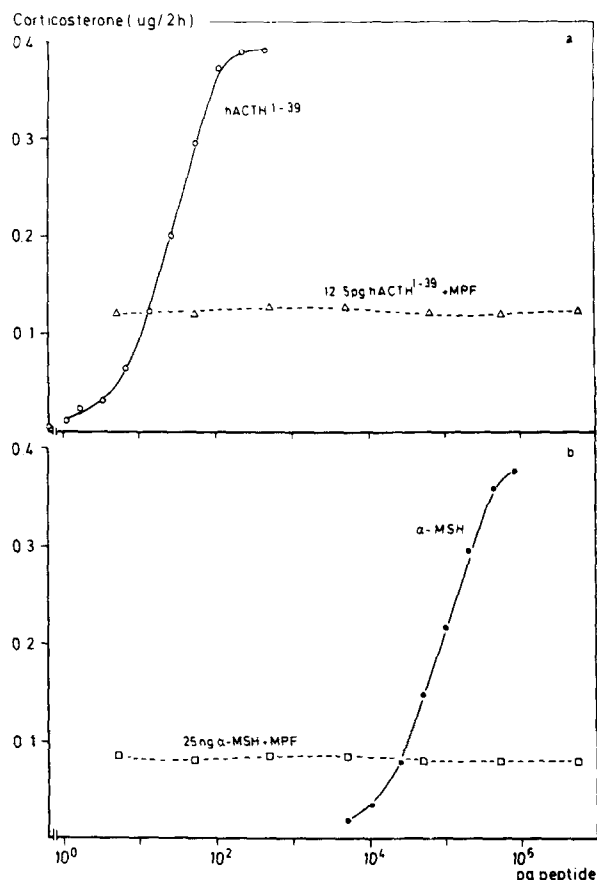
Fig 1 Log dose-response curves of the peptides studied.

steroidogenesis is the 4-10 part of the molecule (12), of which Trp<sup>9</sup>, His<sup>6</sup> and also Glu<sup>5</sup> are key elements for eliciting this bioactivity (17). Similarly, for the pigment dispersion in lower vertebrates two message sequences were found. Besides the central classical bioactive sequence 4-10, the tetrapeptide Gly-Lys-Pro-Val-NH<sub>2</sub> exhibits melanotropic activity (1) of  $\alpha$ -MSH, but not the steroidogenic activity (Table) favors the idea that MPF potentiates only the second melanotropic active center, as it is ACTH/ $\alpha$ -MSH<sup>10-13</sup>. The

**Table** Effect of MPF and  $\beta$ -Endorphin on the Relative Corticosterone Production<sup>x</sup>, Basal or Induced by ACTH and  $\alpha$ -MSH

	Basal 1.00	ACTH ( $2.8 \times 10^{-12}$ M) 1.00	$\alpha$ -MSH ( $1.5 \times 10^{-8}$ M) 1.00
Control			
$\alpha$ -endorphin			
$1.5 \times 10^{-11}$ M	$1.11 \pm 0.39$	$1.01 \pm 0.09$	$1.07 \pm 0.27$
$1.5 \times 10^{-10}$ M	$1.03 \pm 0.12$	$1.91 \pm 0.13$	$1.02 \pm 0.14$
$1.5 \times 10^{-9}$ M	$1.12 \pm 0.27$	$1.94 \pm 0.09$	$0.98 \pm 0.14$
$1.5 \times 10^{-8}$ M	$0.98 \pm 0.05$	$1.02 \pm 0.07$	$1.05 \pm 0.18$
$1.5 \times 10^{-7}$ M	$1.04 \pm 0.39$	$1.02 \pm 0.08$	$1.06 \pm 0.20$
$1.5 \times 10^{-6}$ M	$1.06 \pm 0.07$	$1.00 \pm 0.03$	$0.97 \pm 0.22$
MPF			
$1.1 \times 10^{-11}$ M	$1.15 \pm 0.36$	$1.03 \pm 0.09$	$1.02 \pm 0.26$
$1.1 \times 10^{-10}$ M	$0.98 \pm 0.13$	$1.04 \pm 0.12$	$0.98 \pm 0.13$
$1.1 \times 10^{-9}$ M	$0.91 \pm 0.19$	$0.96 \pm 0.11$	$0.96 \pm 0.15$
$1.1 \times 10^{-8}$ M	$1.04 \pm 0.15$	$0.86 \pm 0.09$	$1.02 \pm 0.17$
$1.1 \times 10^{-7}$ M	$1.09 \pm 0.16$	$1.04 \pm 0.08$	$1.04 \pm 0.17$
$1.1 \times 10^{-6}$ M	$1.17 \pm 0.25$	$1.07 \pm 0.06$	$1.03 \pm 0.18$
$1.1 \times 10^{-5}$ M	$1.03 \pm 0.18$	$0.97 \pm 0.10$	$0.99 \pm 0.17$
$1.1 \times 10^{-4}$ M	$0.91 \pm 0.28$	$0.99 \pm 0.09$	$1.03 \pm 0.14$

<sup>x</sup> The corticosterone productions in the different experiments were: 0.008; 0.002; 0.005 and 0.01 (basal), 0.079; 0.255; 0.125 and 0.168 ( $2.8 \times 10^{-12}$  M ACTH), and 0.075; 0.148; 0.091 and 0.101 ( $1.5 \times 10^{-8}$  M  $\alpha$ -MSH)  $\mu$ g corticosterone respectively.



**Fig 2a** Log dose-response curve of hACTH and the effect of addition of MPF (doses 5 pg to 5  $\mu$ g) upon the ACTH-induced corticosterone production.

**b** Log dose-response curve of  $\alpha$ -MSH and the effect of MPF addition (doses 5 pg to 5  $\mu$ g) upon the  $\alpha$ -MSH-induced corticosterone production.

result of the present study is reminiscent of the findings of others (19). These authors demonstrated that the lipolytic activity of the melanotropic peptides  $\alpha$ -MSH and  $\beta$ -MSH was not affected at all by MPF. It seems that MPF is able to potentiate MSH-like molecules when only the melanotropic activity is involved. With regard to this hypothesis it is worthwhile to study the effect of MPF on other activities of  $\alpha$ -MSH, such as its influence upon behavioral adaptation (20, 21) or its ability to suppress basal and stress-induced prolactin release (22-24).

It is well known that  $\beta$ EP,  $\beta$ LPH and ACTH are derived from a common precursor: the pro-

opiomelanocortin molecule (25, 26). Because concomitant secretion of ACTH and  $\beta$ LPH in the human (27, 28) and of ACTH and  $\beta$ EP in the rat had been demonstrated (29), the effect of  $\beta$ EP on the corticosteroidogenesis has been studied by several groups. Using isolated rat adrenal cells Szalay and Stark (7) found an inhibition of the basal corticosterone production in doses from  $10^{-11}$  till  $10^{-5}$ M, whereas  $10^{-4}$ M stimulated the corticosterone production. Using the same technique Shanker and Sharma (6) also found that  $\beta$ EP could stimulate the corticosterone production, but only in concentrations of  $5 \times 10^{-9}$ M to  $10^{-6}$ M, i.e. doses which evoked an inhibition in the study mentioned above (7). Moreover, these authors (6) found a maximal steroidogenic response of only one sixth of the maximal response induced by ACTH. Our study did not demonstrate an effect of this peptide at all. Similar findings had been reported previously (30) in bovine adrenal fasciculata cells. Likewise, discrepancies were found when the effect of  $\beta$ EP on the corticosterone production induced by ACTH was studied. Some authors (7) found an inhibition when concentrations between  $10^{-9}$ M and  $10^{-7}$ M  $\beta$ EP were tested. Using the same concentrations no inhibition has been observed in other studies (6, 30). In our study no inhibition by  $\beta$ EP could be detected (Table). It is important to stress that in contrast to the other studies we employed preincubated purified cells enabling estimation of potencies of peptides with more accuracy than in "crude" adrenal cell suspensions (11, 31).

This is the first study of the possible interaction between  $\beta$ EP and  $\alpha$ -MSH upon the steroid synthesis in the adrenal cortex. The inability of  $\beta$ EP to modulate the  $\alpha$ -MSH-induced corticosteroidogenesis (Table) supports the theory of similarity of action of both  $\alpha$ -MSH and ACTH in adrenal activity (*vide supra*). It is of interest to note that very recently yet an antagonism between  $\alpha$ -MSH and  $\beta$ EP was reported. Wardlaw et al. (32) showed that injection of relatively low doses of  $\alpha$ -MSH together with  $\beta$ EP into the lateral cerebral ventricle decreased the prolactin release induced by injection of  $\beta$ EP alone. Bearing this in mind it would be worthwhile to do binding studies with receptors derived from different target organs of  $\alpha$ -MSH/ACTH, in order to elucidate further the

interactions of the pro-opiomelanocortin-derived peptides.

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